



## ***MARSHALL TIGER ACTIVITIES RETURN TO PLAY PROTOCOLS UPDATED FOR USE BEGINNING AUG 17 2020***

The recommendations presented in this document are compiled from the most recent updated documents from state and national organizations. These sources include:

- The National Federation of High Schools (NFHS): “Guidance for opening up high school athletics and activities.”
- Minnesota Department of Health (MDH): “Guidance for social distancing in youth and student programs”
- Minnesota Department of Health (MDH): “COVID-19 Sports Guidance for Youth and Adults”
- Center for Disease Control (CDC): “Youth programs and camps during the COVID-19 Pandemic”

All recommendations and protocols are designed for return-to-activity guidelines that will be in accordance with state or local restrictions. Based on the information, guidelines, and recommendations of these various organizations, the following protocols should be used by all Marshall Tiger affiliated activities programs who choose to organize team activities effective August 17, 2020. As the season continues, the latest recommendations will be reviewed, and updates can be made as necessary/permitted at that time. Any governmental mandates, executive orders, or MSHSL statements may at any time alter or override these protocols. Additional sport specific accommodations and protocols will be needed for specific activities. However, the below guidelines can be applied to all Tiger activities and facility use.

1. All participants should self-screen at home daily. Participants with any symptoms or illness should stay home.
2. Efforts will be made to limit touch points (interior doors, bathroom doors, etc. propped open).
3. Coach/Facility Use (**INDOOR FACILITIES**): Participant ratio shall remain no greater than 1:25. Must follow social distancing and pod-per-space guidelines.
4. Coach/Facility Use (**OUTDOOR FACILITIES**): Participant ratio shall remain no greater than 1:25. Must follow social distancing and pod-per-space guidelines.
5. Whenever possible, participant “pods” should remain together to avoid unnecessary mixing.
6. Participants must plan to transport workout clothing and gear with them. No locker room access will be allowed.
7. Participants must provide their own water for the entirety of their workout. Water bottles will not be shared.
8. Hand sanitizer and disinfecting spray will be available on site and participants must be provided periodic breaks to use both.
9. Social distancing must be practiced. Non-participants should remain a minimum of 6 feet apart.
10. Coaches/advisors should wear a facemask when on duty regardless of distancing.
11. Players/students must wear a facemask whenever not actively engaged in exercise (includes on the sidelines/bench area during competition).
12. All team members will wear a facemask when traveling on school provided transportation in accordance with MDE/MDH guidelines.
13. Avoid community supplies. Participants should use their own equipment whenever possible (ball, glove, bat, racket, club, etc.) If there is need to provide participants equipment effort should be made to have that equipment remain with the participant for each session. Shared equipment should be cleaned/sanitized frequently.
14. Access to indoor facilities will be limited to participants and coaches/advisors. Limited spectators may be available as permitted by MDE/MDH guidelines are updated.
15. Outdoor contests may permit limited spectators. Social distancing must be observed. Maximum total gathering size must remain within all state guidelines, currently not to exceed 250. A pass system will be implemented allowing each participant a limited number of guest passes per contest.