



**JOIN MARIS EHLERS**

## **Social Media, Social Life:**

What Every Teen AND Parent Needs to Know

**Friday, April 12 | 5:30-6:30 p.m.**  
**Marshall High School FACS Room**  
**For parents and students (grades 5-12)**

*Pizza will be provided. NO RSVP required.*



### **MARIS EHLERS**

Suicide. No one wants to talk about it, but it is on the minds of many, whether it's those struggling with thoughts of self-harm or those worried about others who may be. In 2003 Maris Ehlers lost her brother to suicide. Over the years her evolving life roles of mother, photographer and marketing consultant kept bringing her back to the topic of suicide today and why we don't want talk about it, especially with our kids. Join us as Maris tells not only her brother's story, but also shares REAL and powerful information meant for adults and teens alike to better understand the things we can do to help prevent suicide in our communities.

*In Conjunction with*

### **"Hope Walks Here" Out of The Darkness Walk SMSU/Marshall High School Campus Walk**

Saturday, April 13 | Program with Keynote Maris Ehlers 9:00 a.m., Walk 9:45 a.m.  
Marshall High School, 400 Tiger Drive, Marshall, MN

**Register at [afsp.org/marshallhs](http://afsp.org/marshallhs) or [bit.ly/hopewalkshere](http://bit.ly/hopewalkshere)**

The Born to Be Alive-Yellow Ribbon Out of the Darkness Walk brings awareness to depression and suicide with a goal is to raise \$8000.00 to help the American Foundation Suicide Prevention (AFSP) for education, advocacy and dedication to understanding and preventing suicide. Log onto [www.afsp.org/MarshallHS](http://www.afsp.org/MarshallHS) to donate to our Born to Be Alive Yellow Ribbon team.